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for the day it is monday april 4 2011 and
i am thankful that my internal clock
nudged me awake i was a little late
however and that clock may have been
the lady

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accumulation of body fat usually caused

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by the consumption of

Observations From An Obesity Overcomer Theyre Simple Words ...

Obesity is a well-established and independent risk factor for cardiovascular diseases and mortality in the general population. 1, 2, 3 However, a subset of obese subjects seems to be

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Open questions about metabolically normal obesity ...

Causes of Obesity Typically, weight gain and obesity are caused by consuming more calories than the body needs, having an inactive (sedentary) lifestyle, and having poor lifestyle and dietary

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**Overcoming Obesity - and Making it
Last | For Better | US News**

Obesity-related inflammation may affect other medical conditions. Researchers know obesity causes inflammation in our bodies. NHLBI is interested in how obesity-related inflammation influences

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other conditions, such as cardiovascular diseases or asthma. Sleep-wake cycles can contribute to obesity.

Overweight and Obesity | NHLBI, NIH

onset obesity who was compound heterozygote for complete loss-of-function mutations in PC1 (Jackson et al.,

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2003). Although inability to cleave POMC is a likely mechanism for obesity in these patients, PC1 cleaves a number of other neuropeptides in the hypothalamus, including glucagon-like-peptide 1, which may influence feeding behaviour.

Monogenic Human Obesity

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Cortisol is a stress hormone that helps keep your blood sugar levels high so you'll have the energy to fight off whatever is threatening you. The problem is that in the course of doing that, you end up craving the exact foods you should be avoiding, and your body ends up storing a lot of excess glucose

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as fat.

4 Surprising Causes of Obesity and How to Overcome Them ...

Symptoms of Obesity and Its Effects on Health. The most common symptoms of obesity are weight-related issues like high blood pressure, breathing problems, joint pain and high cholesterol

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levels. The more obese someone is, the higher the chance that he/she will develop obesity-related medical problems.

Obesity Facts, Symptoms, Causes and How to Overcome It?

Introduction. The global obesity prevalence has nearly tripled since

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1975. In 2016, 13% (over 650 million) of adults aged 18 years and over were obese, worldwide [].In 2017-18, nearly 2 in 3 (67%, 12.5 million) Australian adults were either overweight or obese, and 1 in 3 adults was obese [].The rising prevalence of overweight and obesity is a serious public health concern in Australia as ...

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A longitudinal exploration of the relationship between ...

Obesity is defined as an excess of body adiposity. For practical reasons, body weight has been used as a surrogate for adiposity, which is not easy to measure in routine examinations. Until the 1970s, obesity was defined by reference to an

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“ideal body weight,” derived from actuarial tables compiled by the life insurance industry.

Global Epidemic of Obesity: An Overview | Epidemiologic ...

Obesity is now a pandemic and is particularly problematic in industrialized countries ().In the United States and

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Britain, obesity is rising at a devastatingly rapid rate, and more than half of the population in these countries is now overweight (2, 3). Obesity is a causal factor in numerous metabolic and endocrine disorders including heart disease, diabetes, bone and joint disorders. and some ...

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**On the Evolutionary Origins of
Obesity: A New Hypothesis ...**

Obesity is a condition in which a person has excess body fat. More than just a number on a scale or the size of someone's body, obesity can increase a person's risk of diseases and health problems,...

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**Obesity: Causes, Complications &
Treatments | Live Science**

Obesity now affects one in five children in the United States. Discrimination against overweight children begins early in childhood and becomes progressively institutionalized. Because obese children tend to be taller than their nonoverweight peers, they are apt to be

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viewed as more mature.

Health Consequences of Obesity in Youth: Childhood ...

Loeppke et al showed that productivity costs of obesity are much higher than the medical costs to an organization. If it's neglected, obesity can cut into productivity and competitiveness. If it's

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neglected, obesity can cut into productivity and competitiveness.

Employers Connecting the Dots to Obesity Care - ConscienHealth

The epidemic of obesity-associated diabetes is a major crisis in modern societies, in which food is plentiful and exercise is optional. The biological basis

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of this problem has been explored from evolutionary and mechanistic perspectives. Evolutionary theories, focusing on the potential survival advantages of “thrifty” genes that are now maladaptive, are of great interest but are ...

How Obesity Causes Diabetes: Not a

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Results of a recent meta-analysis suggest that sedentary time is positively associated with risk for obesity and poor metabolic health during childhood, which contributes to the elevated risk for type 2 diabetes, cardiovascular disease, and all-cause mortality in adulthood [5].

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